

**CONFIDENTIAL PATIENT CASE HISTORY**

Please complete this questionnaire. Your answers will help us determine if chiropractic care can help you.

Name: \_\_\_\_\_ Nickname: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Telephone \_\_\_\_\_ Cell Phone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

BirthDate: \_\_\_\_\_ Age: \_\_\_\_\_ SS# \_\_\_\_\_

Employer, Address, Telephone: \_\_\_\_\_

Occupation and general description of physical activities involved: \_\_\_\_\_

Other activities you participate in, ie: sports, hobbies etc. \_\_\_\_\_

Have you had previous chiropractic care? \_\_\_yes \_\_\_no If so: Where \_\_\_\_\_ When: \_\_\_\_\_

Were x-rays taken? \_\_\_yes \_\_\_no What was your problem at that time: \_\_\_\_\_

How were you referred to our office? Medical Doctor \_\_\_\_\_ Insurance Book \_\_\_\_\_ Friend \_\_\_\_\_ Other \_\_\_\_\_

**GENERAL HEALTH INFORMATION:**

Your approximate height: \_\_\_\_\_ weight: \_\_\_\_\_ Is your weight constant? \_\_\_yes \_\_\_no

Please check if you have ever suffered from: \_\_\_Cancer of any type \_\_\_Heart disease \_\_\_Diabetes

\_\_\_Digestive disorders \_\_\_Bladder or Bowel problems \_\_\_High blood pressure, or any other vascular disease

\_\_\_Stroke or TIA \_\_\_Dizziness, Blurred Vision \_\_\_Slurred speech or partial paralysis \_\_\_Allergies

Any other illness or disease \_\_\_\_\_

Family health history: Please list any major health problems your family has had, and their relationship to you:

\_\_\_\_\_

Who is your Medical Doctor: \_\_\_\_\_ Date of last physical exam: \_\_\_\_\_

Any problems found: \_\_\_\_\_

Any medications you are taking: \_\_\_\_\_

Please list any surgical procedures you have had, and the year \_\_\_\_\_

Past history of any significant physical trauma, fractures, auto accidents, or other injuries: (please describe):  
\_\_\_\_\_  
\_\_\_\_\_

**CURRENT REASON FOR CONSULTING THIS OFFICE:**

What is your chief complaint: \_\_\_\_\_?

Any other complaints: \_\_\_\_\_

How long have you had this problem(s): \_\_\_\_\_

Have you seen anyone else for this condition(s), if so who, what was done, and results \_\_\_\_\_  
\_\_\_\_\_

Is your condition getting progressively worse? \_\_\_yes \_\_\_no Have you had similar problems before? If so,

When, how often, etc. \_\_\_\_\_

Was the onset of your current condition \_\_\_gradual or \_\_\_sudden? If sudden, what were you doing at the time

it started: \_\_\_\_\_

Was there any trauma involved with your condition, ie accident, fall etc: \_\_\_\_\_

Please describe how it feels: \_\_\_sharp, \_\_\_dull, \_\_\_achy, \_\_\_numb, \_\_\_burning, \_\_\_stabbing, \_\_\_tingling, \_\_\_stiff

Do you have any pain or numbness radiating into your arms or legs? \_\_\_yes \_\_\_no Where? \_\_\_\_\_

Is your condition constant, or does it come and go: \_\_\_\_\_

What seems to make your condition worse: \_\_\_\_\_

What seems to help: \_\_\_\_\_

On a scale of 1 to 10, with 1=no pain and 10= severe pain, what would you rate the severity of your condition? \_\_\_\_\_

Is your condition causing any interference in your activities of daily living, ie: work, sleep, lifting, bending,

driving, home care, etc. Please describe \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Authorization to send narrative report to your medical doctor \_\_\_\_\_